

DISCIPLES

"Blessed To Be A Blessing"



EMPOWERMENT THROUGH PRAYER

2009 is "The Year of Empowerment" for Disciples

Commencing January 2 thru January 22, 2009, Disciples will participating in it's annual New Year's fasting and praying. There will be a 24-hour prayer vigil at the church during January. Weekly scriptures will be provided.

Choose the type fast that suits you best, be sure to consult with your doctor if you have medical problems:

- 1. A complete fast - no food or liquids (not recommended)**
- 2. Liquids only**
- 3. Do not eat between 6am and 6pm (preferred)**
- 4. Give up one meal a day, a meal of your own choosing**

Remember to pray always because the fervent prayer of the righteous availeth much.

May God bless you abundantly in 2009

Blessed to be a Blessing,

Howard Turnley, Pastor
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